

# The Life Skills Times



HAPPY  
NEW  
YEAR!

## Winter Edition 2016/2017

"Tomorrow is the first blank page of a 365 page book. Write a good one."

- Brad Paisley

- \* FRIENDS AND FAMILY NIGHT 3/3/17 WWCC
- \* BOWLS OF CARING BOWL PARTY LSW OFFICE 2/20/17
- \* BOWLS OF CARING EVENT 3/23/17
- \* SUMMER SAN DIEGO TRIP 6/25-6/30

Greetings!

We are so excited to see what 2017 has in store for everyone! If you made a new years resolution, we wish you the very best in accomplishing those goals this year!



Our Annual **Friends and Family Night** is scheduled for **Friday March 3<sup>rd</sup>, 2017** at *Western Wyoming Community College*. We will have another fantastic performance by the amazing dancers from *The Rock Academy*, our very own Life Skills Participant dancers with help from *The Rock Academy*, a presentation by **Community Integration** that involves singing a song with sign language, as well as, our silent auction! The theme this year is **Cowboy Up for Special Olympics**. So, come planning to **saddle up** a good time and dress in your **Wyoming Cowboy** outfits and join in. We will send more information as it comes available, so stay tuned!



Our Annual summer vacation has been scheduled for June 25<sup>th</sup>-30<sup>th</sup> in San Diego, California! We will be staying at the Best Western Seven Seas. Approximate trip costs are \$600 plus meals and walking around money. This will include, motels, and activities. If you have any questions, please contact Anne Swingle at 307-389-2987.





Judy Roderick & her assistant Tamara Twitchell are back with CERT training, Monday afternoons at our Life Skills office! We always enjoy having her back, and are so grateful for the time and energy she shares with us, keeping us up to speed on all the latest safety tips and tricks!

Special Olympics practice has resumed! Come see us Tuesdays and Thursdays at the Rec Center in Rock Springs from 3-5pm! We are very excited for basketball season, and are working hard to stay #1!



Chris Fletcher, one of our captains, and Employment Coordinator, was crowned Employee of the month for November. Chris has been with Life Skills for 3 years, and brings a lot of strengths to the table. We are very pleased with his growth and achievements, and look forward to sharing many more years with him! Congratulations, Chris!

Our December Employee of the month, Austin Ross, has been with us just under a year. Austin has proven to be a great addition to our team, and is always willing to roll with the punches. "I really enjoy having the opportunity to help the people we serve," stated Austin. We are grateful for his willingness and genuine smile! Thank you Austin, for a job well done!



Tiffany Rayback is our January employee of the month! Tiffany works with us in the afternoons and sometimes weekends, after working at the school district. Tiffany brings several years of experience with her, and does a phenomenal job each and every day! We absolutely love Tiffany, and are beyond thrilled that she is a member of our Life Skills Family! Way to go Tiff!!

Mr. Josh Bentley has most recently been voted in as staff member of the month February. Josh has been with us for 3 years, and is sure to bring a smile to everyone's face! We are all very pleased to have Josh as a member of our Life Skills family, and were ecstatic that he was voted staff of the month! Way to go, Josh!



We would like to recognize one of our own, Mr. Kenneth Dedie, for the hard work he has put forth in tackling weight loss, and getting a grip on a smart and healthy diet! We all know it isn't easy, but are super proud of him for making such

hard changes with such grace! Good job, Ken!!





Our 2<sup>nd</sup> CARF went wonderfully! We always enjoy welcoming new individuals into our program, and to hear different ideas, suggestions and ways of doing things! We were very pleased to receive another 3-YEAR accreditation!! We can't thank our friends, families, and supporters enough for all of the support you share with us! We are blessed to live in such a wonderful community, and have a wonderful network among us!



## Juno's Corner

Hi Guys! I hope you are all enjoying this lovely Wyoming weather! Can you believe how much snow we've received this year! I don't know about you, but trying to find my way through these snow drifts, that are three times my size, is just not something I am use to! Please remember to make sure all of my four legged furry friends are provided with enough food, water & shelter during these winter months, and please, please, please let us in as often as you can! We

like to be warm and cozy, too! Remember to melt any ice from our water bowl each and every day, and to provide us with fresh water several times a day!



## Eye On Talent



**I live on ranch with animals. We have goats and sheep they are on outside. We do have dogs and cats in the house. We raise money to help animal and Humane Society. This is my journey and amazing friendship and courage. The message to help with miracle of love animals. The view and standing up for courage and love. We have our cat I feed in evenings. We volunteer at Murdoch's for animals. Because we took care for them they are real. The animals is our responsibility . We take care of them and love them. They greet us when we come home because we are family. Its cold outside and we feed them so they are warm.**

By: Helen White

By: Anje Shaw